Year 1					
Week	Commencing	$11^{\text{th}}$	January	2021	

Subject	Learning Objective	Lesson: Week 1			
PSHE with Mrs Wallace	<ul> <li>To think about the things that make us happy.</li> <li>Learn about making positive choices and how they can lead to happiness.</li> </ul>	<ul> <li>Happiness - Smile!</li> <li>We are going to be thinking about the emotion happiness. How do we know when someone is happy?</li> <li>If possible, ask a grown up to bring in a glass half filled with water. How would you describe it? Is the glass half empty or half full?</li> <li>How someone views the glass determines how they feel. Being happy about a half glass of water is a choice. Wishing you had more is also a choice.</li> <li>Listen to the Story 'Happy Right Now by Julie Berry' on Youtube. <a href="https://www.youtube.com/watch?v=U1bDLm1NhbI">https://www.youtube.com/watch?v=U1bDLm1NhbI</a></li> <li>The girl in the story is making a choice to be happy for things she had, rather than wishing things were different.</li> <li>Create a "Happy Right Now" poster. Draw and label things that make you happy right now! Make the poster bright and happy! Perhaps you can add some smiley faces?</li> </ul>			
Music with Mrs Wallace	Listen and Appraise     In the Groove, Blues     by Joanna Mangona.	<ul> <li>Using the link and password provided log on to Charanga Yumu using the Student Log-in (The middle one).</li> <li>Scroll Down to Year 1.</li> <li>Click on the green box named 'In the Groove'.</li> <li>Click Launch Step 1.</li> <li>On the right side click 'Listen and Appraise In the Groove'.</li> <li>Click the play triangle on the left of the screen.</li> <li>Listen to the song and use your body to find the pulse.</li> </ul>			

