# **Understanding the World**

How can you show kindness and help others?

There are a lot of people in this world – how can we help look after our world and the people on it?

# **Communication and Language**

Listen to the story on You Tube. What did you like about the story? Did anything remind you of you? What else can you tell us about it?

#### Literacy

Use the I am.... Sheet, ask a grown up to help you. Think of 4 words that describe you.

Can you sound out the letter sound that starts each of the words you have chosen e.g b for big

Ask your grown up to help you write the full word.

Use the I Am Enough PDF sheet and answer questions that describe you. What colour are your eyes?... My favourite colour is? .... etc

# Nursery Home Activities W/C 15/6/20 I Am Enough

### **Expressive Art and Design**

Draw a self-portrait of magnificent you.

Draw a picture of you and your friends. You can use the I am Enough drawing sheet or use a blank piece of paper.

#### Useful Websites

I Am Enough read on you tube <a href="https://youtu.be/hRFI-N4kYZk">https://youtu.be/hRFI-N4kYZk</a>

I Am Enough – Short animation <a href="https://youtu.be/gm0cjSdzrSY">https://youtu.be/gm0cjSdzrSY</a>

## **Physical Development**

Can you hop?

How high can you jump?

Can you skip?

Can you catch a ball?

Can you throw or kick a ball?

What else can you do?

# Let's Hear it for You

You are special – there is no one else like you. You are enough. Let's hear it for you – tell us what makes you so fantastic (because you are)

What can you do?

What do you like and want?

What interests you?