

If you have any questions about food allergens, please speak to the kitchen team who will be happy to help.

ORFORM44

SPRING 2023

Lunch Shop By ORIAN		VICARAGE PARI 11 TH SEPT & 2 ^N	K SCHOOL ND OCT	Freshly made every day!		
DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING		
Monday	Margherita Pizza served with ½ Jacket Potato and Sweetcorn	Oven Baked Jacket Potato filled with Tuna, Cheese or Beans served with Carrot and Cucumber Sticks	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Carrot and Cucumber Sticks	Raspberry and Vanilla Cookie or Fruit Salad & Yoghurt		
Tuesday	Kitchen Made Pork Sausage Roll served with Creamed Potatoes and Baked Beans	Oven Baked Jacket Potato filled with Tuna, Cheese or Beans served with Mixed Salad	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Mixed Salad	Fresh Fruit Salad or Banana Cake with Toffee Sauce or Frozen Yoghurt		
Wednesday	Roast Beef served with Creamed Potatoes, Yorkshire Pudding, Carrot and Green Bean Medley and Gravy	Oven Baked Jacket Potato filled with Tuna, Cheese, Beans served with Carrot and Cucumber Sticks	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Carrot and Cucumber Sticks	lced Lemon Sponge or Fruit Salad & Yoghurt		
Thursday	Cottage Pie Ferved with Garden Peas and Crusty Bread	Oven Baked Jacket Potato filled with Tuna, Cheese, Beans served with Mixed Salad	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Mixed Salad	Fresh Fruit Salad or Cherry Shortbread or Frozen Yoghurt		
Friday	Fish Fingers served with Chips and Peas	Oven Baked Jacket Potato filled with Tuna, Cheese or Beans served with Carrot and Cucumber Sticks	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Mixed Salad	Golden Syrup Sponge and Custard or Frozen Yoghurt or Fruit Salad		
Available Daily: Fresh Fruit and Salad Bar If you have any questions about food allergens, please speak to the kitchen team who will be happy to help. ISSUE 1 -18.10.18 SPRING 2023						

		CARAGE PARK 18 TH SEPT & 9 ^{TI}		Freshly made every day!	
DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING	
Monday	Cheesy Pizza	Oven Baked Jacket Potato	Assorted Sandwiches	Fresh Fruit Salad & Yoghurt	
	served with Cheesy Jacket Skins,	filled with Tuna, Cheese or Beans	filled with Cheese, Ham or Tuna	or	
	Baked Beans and Mixed Salad	served with Mixed Salad	served with Mixed Salad	Flapjack	
Tuesday	Chicken Fajitas	Oven Baked Jacket Potato	Assorted Sandwiches	Australian Crunch	
	served with Savoury Rice and Mixed	filled with Tuna, Cheese or Beans	filled with Cheese, Ham or Tuna	or	
	Salad	served with Mixed Salad	served with Mixed Salad	Frozen Yoghurt or Fresh Fruit Salad	
Wednesday	Roast Pork and Apple Sauce	Oven Baked Jacket Potato	Assorted Sandwiches	Raspberry Jelly and Cream	
	served with New Potatoes, Carrot	filled with Tuna, Cheese or Beans	filled with Cheese, Ham or Tuna	or	
	and Green Bean Medley and Gravy	served with Mixed Salad	served with Mixed Salad	Fresh Fruit Salad & Yoghurt	
Thursday	Handmade Beef Meatballs in Tomato Sauce served with Pasta Twists, Mixed Pepper Salad and Grated Cheddar	Oven Baked Jacket Potato filled with Tuna, Cheese, Beans served with Mixed Salad	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Mixed Salad	Fresh Fruit Salad or Jammy Bun or Frozen Yoghurt	
Friday	Fish Fingers	Oven Baked Jacket Potato	Assorted Sandwiches	lced Rainbow Cupcake	
	served with Chips, Garden Peas and	filled with Tuna, Cheese or Beans	filled with Cheese, Ham or Tuna	or	
	Tomato Ketchup	served with Mixed Salad	served with Mixed Salad	Fresh Fruit Salad & Yoghurt	
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