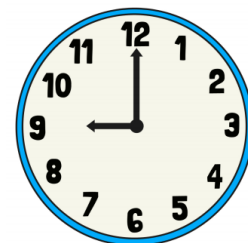


## Timetable

We know how difficult it can be keeping structure and routine throughout Lockdown so we have created a timetable which could be used for our Early Years children. **This is by no means compulsory and does not need to be stuck to**, but we thought it may help you to plan your day during remote learning.



Time	Activity
<b>Before 9am</b>	Daily morning routine – get dressed, eat breakfast, brush teeth etc.
<b>9am – 9.20am</b>	Complete any pre Zoom tasks e.g. watch pre-recorded videos from school
<b>9.20am – 9.40am</b>	Zoom 1 with Mrs Denney
<b>9.45am – 10.15am</b>	Complete any post Zoom tasks
<b>10.20am – 10.40am</b>	Snack (get your child to help you prepare this!)
<b>10.45am – 11.15am</b>	Get outdoors/ physical – a short walk, play in the garden or a PE with Joe session
<b>11.20am – 11.40am</b>	Zoom 2 with Mrs Denney
<b>11.45am – 12.15pm</b>	Complete any post Zoom tasks
<b>12.15pm – 12.45pm</b>	Lunch
<b>12.45pm – 1.30pm</b>	Get outdoors/ physical – go on a nature/ listening walk, play a game of football
<b>1.30pm – 2.15pm</b>	Free Play
<b>2.15pm – 2.30pm</b>	Tidy Up Time (being independent and responsible for their own toys is an essential part of learning in the Early Years)
<b>2.30pm – 3.00pm</b>	Zoom 3 with Mrs Denney
<b>3.00pm – 4.00pm</b>	Creative and Construction Time
<b>4.00pm onwards</b>	Quiet Time – look at a story, watch TV.