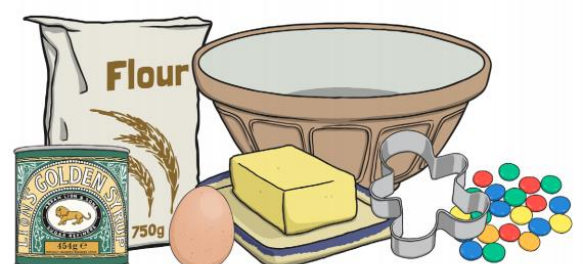


Additional Activities

Below we have compiled a list of activities you can do at home to keep your children busy throughout Lockdown. These are **not compulsory**, and are purely to provide you with some ideas to keep the children entertained. For children in the Early Years, there are learning opportunities everywhere! If you and your child have had fun completing one of these activities, or have created one of your own, please do share them with us on Tapestry!

- Draw a picture of yourself, discuss the shapes you need to use e.g. a circle for your head. You could trace around the shapes in your remote learning pack.
- Share a story together – discuss the characters in the story, what happened to them and why?
- Practise writing your name. Use the laminated card in your remote learning pack.
- Play with a ball – rolling, throwing, catching, kicking and bouncing. Can you count how many times you bounce it?
- How long can you balance on one leg? Set a timer online. Can you read the time or recognise the numbers?
- Jumping – crouch down low and see how high you can jump. How many times can you jump? Can you feel yourself getting out of breath and your heart beating?
- Make your own playdough: mix together 2 cups plain flour, 1 cup of salt, a squirt of baby oil, then add hot water as necessary until the consistency is correct.
- Blow bubbles: mix fairy liquid and water then make a circle with your fingers, or fold a pipe cleaner in half to create a bubble wand.
- Go on a nature hunt – what can you find? Count how many objects you have.
- Look at the weather today – draw a picture. Can you create your own weather chart like the one we have at school?
- Put your socks into pairs.
- Use your recycling like milk bottles and boxes to make a junk model of your favourite animal.
- Practise writing letters, numbers or shapes by tracing them in sand, flour, salt or shaving foam.
- Prepare a fruit salad – chop up the fruits and count how many slices you have.
- Draw or paint a picture of your family (don't forget your pets!).
- Discuss what made you happy today.
- Make your lunch today. Discuss what ingredients you need and where they come from.
- Watch a CBeebies 'Bedtime Story'.
- Help wash up the pots and pans.
- Make an obstacle course in your living room.
- Run 5 laps of your garden.
- Set the table for dinner – count the amount of knives and forks you'll need.
- Help your family fold up the washing. Sort the clothes into colour groups.



- How many birds can you spot out of the window? You could make a tally chart to count them.
- Practise tying your laces and zipping up your coat.
- Help your family polish or dust the house.
- Dance and sing to your favourite song.
- Make your bed.
- Make a repeating pattern.
- Play hide and seek.
- Go on a number hunt around the house.
- Play Simon Says.
- Write a story together – can you act it out afterwards?
- Make a den.
- Learn how to make a paper aeroplane – can you measure how far it can fly?
- Do a float or sink investigation in the bath.
- Make a treasure hunt – can you write your own clues and draw a map to go with it?
- Label things in your home with post it notes – use the sound mat in your remote learning pack to help.
- Practise using your scissor – you can find these in your remote learning pack.
- Play noughts and crosses.
- Go on a scavenger hunt around the house.
- Keep the balloon up in the air game.
- Make a card for a friend.
- Play would you rather e.g. would you rather sit in a bath full of beans or jelly?
- Make a family tree – who's in your family?
- Freeze small toys in ice – how can you help them escape?
- Practise your threading skills – you could put pasta onto string or cheerios onto pipe cleaners.
- Find objects around the house and describe them – can your family guess what they are without looking?

