

Cooking Rules!



- 1. Always wash your hands well before handling food.
- 2. Make sure your work area is clean before you begin.
- 3. Wear an apron or protective clothing when handing food.
- 4. Be careful and sensible with knives: never run or play with them.
- 5. Keep your fingers away from knives and graters.

Remember: the quality of your finished product will depend on how much care and attention you take over the presentation of your sandwich. It's important that your sandwich looks tasty and appetising, as well as tasting delicious!

How can you make your sandwich look tasty on the plate?

