

## Science

*Why is it important to have a healthy diet? Discuss this with people at home.*

*Healthy or Unhealthy— Sort the foods to show which you can eat often and which should be eaten in moderation.*

*Nutrition Diary— Complete a food diary to show what you eat and drink in one day. Did you eat something from every food group?*

*Did you have a healthy, balanced diet?*

*Healthy Meal— Can you design a healthy, balanced meal? Draw or write what foods your meal would contain.*

## Scientist

*Remember to continue with your home learning project on Alexander Fleming. This is week 2 to work on it. Next week will be your final week.*

## D&T

### Packaging

*Nets are flat 2-D shapes that join together and fold to make 3-D shapes.*

*Go through the presentation and play guess the shape!*

*Can you create a package from a net? Either print and make the nets or have a go at drawing nets to make them. We would love to see some pictures on your Seesaw!*

## PSHE

*Look at the three pictures and identify which is linked to physical, which to emotional and which is mental.*

*Have a go at the physical, emotional and mental tasks on the sheet.*

## Healthy Humans

*WC: 20th  
April 2020*

## R.E.

*Choose 3 of the picture to look saved in the R.E. activity — What is this object? What does it/he/she do? Why might it/he/she be important?*

*Can you match the pictures to the I am statements on page 2?*

*Look at the I am statements—What do they think Jesus was trying to say about himself?*

*Use the outline of a person and divide it into 7 sections. Create a image by drawing a picture for each of the „I am..." sayings inside this outline and explain what it means.*

## D&T

### Sandwiches

*Look at the breads and sandwiches on the slides and explain which you like and dislike and why.*

*This week you have a taste test challenge.*

*Investigate different types of bread and sandwich fillings that you have at home. Complete a table like the one on the slides explaining your findings. I will be doing it too!*