

Science

Why is it important to have a healthy diet? Discuss this with people at home.

Healthy or Unhealthy— Sort the foods to show which you can eat often and which should be eaten in moderation.

Nutrition Diary— Complete a food diary to show what you eat and drink in one day. Did you eat something from every food group?

Did you have a healthy, balanced diet?

Healthy Meal— Can you design a healthy, balanced meal? Draw or write what foods your meal would contain.

PSHE

Look at the three pictures and identify which is linked to physical, which to emotional and which is mental.

Have a go at the physical, emotional and mental tasks on the sheet.

Healthy Humans

WC: 20th
April 2020

R.E.

Choose 3 of the picture to look saved in the R.E. activity — What is this object? What does it/he/she do? Why might it/he/she be important?

Can you match the pictures to the I am statements on page 2?

Look at the I am statements—What do they think Jesus was trying to say about himself?

Use the outline of a person and divide it into 7 sections. Create a image by drawing a picture for each of the „I am..." sayings inside this outline and explain what it means.

Scientist

Remember to continue with your home learning project on Alexander Fleming. This is week 2 to work on it. Next week will be your final week.

D&T

Packaging

Nets are flat 2-D shapes that join together and fold to make 3-D shapes.

Go through the presentation and play guess the shape!

Can you create a package from a net? Either print and make the nets or have a go at drawing nets to make them. We would love to see some pictures on your Seesaw!

D&T

Sandwiches

Look at the breads and sandwiches on the slides and explain which you like and dislike and why.

This week you have a taste test challenge.

Investigate different types of bread and sandwich fillings that you have at home. Complete a table like the one on the slides explaining your findings. I will be doing it too!